

James Carolina

Caregiver

Personal Info

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Summary

Committed Healthcare Assistant with a robust background in delivering exceptional patient care. Adept at supporting daily living needs, monitoring vital signs, managing medication schedules, and collaborating on customized care plans. Demonstrates resilience and professionalism in fast-paced settings, consistently maintaining a positive demeanor. Dedicated to ensuring the safety and well-being of all patients through attentive and compassionate care.

Certifications

CNA

CPR & First Aid, American Red Cross

Experience

Caregiver, There for You In-Home Care (2016–2019)

Provided in-home care to elderly and disabled patients, including companionship, personal care, transport, and homemaking.

Maintained 97% client reviews for efficiency and compassion.

Transported clients to shopping, appointments, movies, and other outings while preserving 100% clean driving record.

Received 6 personal letters from clients and family members praising my meal preparation for quality and nutrition.

Caregiver, Doane Senior Living (2014–2016)

Provided daily care to 40+ residents in upscale senior-living facility.

Used time-management to handle 15% more clients than average.

Commended 3x by manager for good patient handling skills.

Promoted 4 months after hiring for efficiency and dedication.

Freelance Caregiver (2013–2014)

Provided living assistance for two elderly clients.

Commended 3x by family members and clients for communication and compassion. Recognised by family members for dependability.

Education

Sampson Medical Centre CNA Training Program (2013)

Excelled in patient care coursework.

Scored high marks in clinical practise work.

Black Mountain High School, NC (2009–2013)

Facilitated 11 fundraisers as Girl Scout leader.

Member, women's track team.

Volunteer Work

Volunteer 2x per month as caregiver for elderly neighbour.

Work as volunteer Goodwill cashier 2x per month.

Skills

Hard Skills

- Safe patient handling
- Following plan of care
- Clean driving record
- CPR and First Aid

Soft Skills

- Compassion
- Communication
- Time management